

# the Analyst

The Newsletter of the Society of Modern Psychoanalysts

## Ethical Dilemmas: Topic at SMP's Annual Meeting

by Pat Hugenberg

ON SATURDAY, MAY 12TH, 2012, the annual meeting of the Society of Modern Psychoanalysts (SMP) was held in the Great Hall at CMPS. SMP President, **Ted Laqueria** opened the meeting with a brief update of Society activities over this past year and then we were treated to a provocative presentation on ethics by **Elizabeth Dorsey**.

IN HIS OVERVIEW, Ted Laqueria began by thanking the **Institute Membership Committee** for its continuing work to establish new alliances among modern psychoanalytic institutes. Under the guidance of **Vicki Semel**, the committee reviews institute applications to ensure adherence to SMP's standards for providing modern psychoanalytic education and works to invite societies and institutes to become members of SMP. Laqueria then drew our attention to SMP's interactive website, **www.SMPUSA.org** which gives members on-line access for updates and status checks, posting of institute events and application processing. Laqueria concluded by reporting on the work of **Angela Musolino**, recently appointed Vice President for Membership, who has focused on growing SMP membership. Musolino took on the task of updating membership listings and mailing lists and decoded the web system, making it possible to pay dues on line. Membership has increased in the student category.

DR. LAQUERCIA THEN INTRODUCED our guest speaker, Elizabeth Dorsey, senior faculty at The Boston Graduate School for Psychoanalysis (BGSP), who spoke about "Dilemmas in Search of an Ethical Code." she began with a brief history of boundary issues within the profession and said that since the 1970's liability or risk management has decided ethical standards and motivates most ethical codes. Dorsey playfully led the group in exploring clinical approaches to understanding decisions that modern psychoanalysts make about such issues as boundary violations, confidentiality, or dual relationships. Dorsey argued that the mere imposing of rules could be a resistance to fully studying a clinical situation. Dogmatic rules suggest a wish for structure to avoid anxiety about knowing ...continued on page three



Elizabeth Dorsey



## CMPS Inaugurates Group Psychoanalysis Training Program

The CMPS Group Psychoanalysis Training Program begins this Fall. The program is open to psychoanalytic practitioners and students in psychoanalytic training. The course of study is designed to enable graduates to understand

small group dynamics and to develop the therapeutic skills needed to conduct group treatment. For information on the program, and how to apply go to: [www.cmeps.edu](http://www.cmeps.edu) or contact the CMPS office 212.260.7050 or [cmeps@cmeps.edu](mailto:cmeps@cmeps.edu).



## Congratulations New Jersey!

**July 2, 2012:** Tireless efforts by New Jersey psychoanalysts have resulted in Governor Christie signing a bill that protects the right of consumer choice of mental health professionals. The law recognizes psychoanalysis and creates the title of New Jersey State Certified Psychoanalyst.

For information on applying for State Certification in the coming weeks, please go to the State Psychoanalysts Advisory Committee's website:

<http://www.njconsumeraffairs.gov/psyan/>

## BGSP Legislative Update

By Carol Panetta

**A**T THE END OF MAY, a bill in the Massachusetts legislature that would license autonomous psychoanalysts and psychoanalytic psychotherapists, HB 4123, was given a favorable report from the Joint Committee on Consumer Protection and Professional Licensure and assigned to a new committee, the Joint Committee on Health Care Financing. The favorable report followed amendments negotiated with a group of unlicensed psychotherapists, who previously opposed the bill.

Massachusetts's voters who supported the bill, wrote the members of the Joint Committee on Health Care Financing and urged them to give H4123 a favorable report. As of June 7th, the bill was reported favorably out of the Committee on Health Care Finance! Many thanks to our constituents, who wrote wonderful and timely letters to the committee. The next step is to get House Republican support for the bill.

HB 4123, (Massachusetts) An Act for Consumer Protection and Regulation in Psychotherapy, prohibits the practice of psychotherapy by unlicensed and unqualified people and closes loopholes for unlicensed individuals in existing regulations. In addition, it licenses qualified psychoanalysts and psychoanalytic psychotherapists for whom there is currently no license.

The fiscal impact of HB 4123 will be minimal, because an existing licensing board will oversee the new licenses, and new licensing fees will generate revenue for the Commonwealth of Massachusetts. The entire bill can be read the bill at: <http://www.malegislature.gov/Bills/187/House/H04123> (Licensing provisions are at the end of the bill:)



## Strings Galore

### A CMPS Musical Benefit

By Barbara D'Amato

**IF YOU WERE AT THE CENTER** on the afternoon of June 10th, you saw, felt, and breathed, music of the soul. We raised funds for the Center's ongoing clinical and academic programs with our sights set firmly on the long journey toward the doctoral degree in psychoanalysis. This benefit recital was one more step on the path to that goal. With champagne flowing and abundant edible delights, the musical program began: **Jasmin Cowin** played pieces for the harp that were extraordinary in their range of feeling and tonal delivery. Her touch on the beautiful instrument was angelic and powerful at the same time. **Rob Silver** changed up the mood with a jazz guitar sequence that was evocative and deliberate in its embrace of the feelings that he reached with his improvisational, yet well thought out, style. His guitar picking was awesome! **Ernie D'Amato** and **Raúl Garcia** carried us from the Renaissance to the Modern Era with poignant classical guitar finger work that was the foundation for their intuitively delivered duets. Together, yet as one, their repertoire delved into the essence of a rich musical history, in that these time-honored compositions touched the hearts and innermost being of every person in the room. As a very spiritual Irish soprano recently said to me in Donegal, "Lovely, lovely, lovely."

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## BGSP Graduation and Alumni Weekend



L-r: Dr. Jane Snyder, BGSP President, Dr. Max Cavallaro, BGSP Graduate, Dr. Stephen Soldz, BGSP faculty.

Boston Graduate School of Psychoanalysis (BGSP) held its graduation ceremony at Copley Plaza Hotel on April 22, 2012. Dr. Jane Snyder, President of BGSP welcomed graduates, faculty, families, and friends to the celebration. Prior to receiving their degrees, the thirty-six graduates listened to representatives from each program present a final log. These logs represented the triumphs, trials, and tribulations that the graduates experienced during their programs.

**FACULTY MEMBERS PRESENTED** Master's and Doctoral degrees and One-Year Program certificates. Dr. Theodore Laqueria, Professor Emeritus, ended the ceremony with closing remarks. Following the ceremony graduates, faculty, and guests enjoyed a luncheon.

**TO KICK-OFF GRADUATION WEEKEND**, April 20th-21st, BGSP held events for alumni, students, faculty, and friends. Friday night, after a group of alumni met with graduates to give them advice on moving forward after graduation, Donald L. Carveth, PhD presented a lecture titled "The Immortality of Superego."



BGSP faculty during the graduation ceremony.



**ON SATURDAY EVERYONE WAS INVITED** to attend a full day of events, including two alumni panel discussions, lunch, an alumni association meeting, and a cocktail reception.

**THE WEEKEND WAS AN OPPORTUNITY** for the BGSP community to reconnect, to share experiences, to network, and to reflect on how psychoanalytic training applies to everyday life.

*At left: A group of attendees gather from Alumni Day.*

## SMP Annual Meeting ...continued from front page

one's impulses. Psychoanalysts understand the powerful pressure for discharge of desire—libidinal and aggressive—that gets distorted in the transference and that may not be constructive to the treatment. An honest investigation is harder to do at times than following a rule, but leads to a better understanding of the patient.

Ms. Dorsey urged the group to continue to explore how we clinically understand ethical guidelines which will aid us in presenting ourselves to legislative, licensing or insurance bodies, or professional associations. She has found that regular psychoanalytic ethics seminars for advanced students in Boston have been extremely helpful in enhancing their personal identity and confidence as analysts. Her monograph, "Dilemmas in Search of an Ethical Code" investigates these ideas and is now available in the current issue of the *Journal of Modern Psychoanalysis*.

**AFTER THE PRESENTATION**, Mr. Raúl Placencia, Vice President for Conference and Scientific Meetings, who organized the annual meeting and his crew, offered up a lovely setting and a delicious luncheon at CMPS, where in a congenial atmosphere, members chatted, catching up on the past year and planning ahead.



## The Academy of Clinical and Applied Psychoanalysis

### Indicators of Sexual Abuse in Drawings

By Annette Vaccaro

Saturday, June 2nd, as part of the launching of ACAP's Trauma and Resilience Programs, Annette Vaccaro gave a 3-hour workshop at ACAP on "Indicators of Sexual Abuse in Drawings." Forty people gathered in the ACAP library, including affiliates of ACAP and many who were new to modern psychoanalysis. Participants were curious to understand the art they were viewing in light of children they see in everyday practice.



The talk explored how art can at times, be the primary language for children communicating about their emotional life. It can be a communication in itself, serving as a springboard for talking or an activity that regulates the ego through a release of tension aggression, freeing up energy for talking. As a child matures, art can assist in the integration of thoughts, images of the mind, feelings, affects and impulses, organizing primary process material by filtering it through the ego. The language of the unconscious can be put into words directly and safely through metaphor. In this way, art serves as an object-oriented activity, which insulates the child from what he or she is unable, or unready to say.

For children who have been sexually abused, the art process can become important through building resilience by protecting the psyche from more vulnerable ego states, insulating the ego from further trauma. Understanding the unspeakable aspects of a child's inner world can sometimes be revealed by examining the symbolic communication present in art. Creating art provides a safe, symbolic space to explore what is intolerable to the child and those around him or her.

For example, the Mask (above) created by a young teen expresses the intense conflict between her internal overstimulation in the hot pink background while the layering and covering of the mouth demonstrates her inability to speak about her experiences.

A participant responded, "I didn't know so much could be viewed in a piece of art. I will experience art work from my patients with a new dimension that I would not have considered before."

### Overwhelming Experiences in Everyday Life

By Patricia Harte Bratt

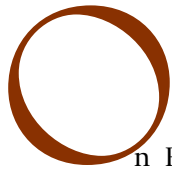
The Academy of Clinical and Applied Psychoanalysis (ACAP) has worked with trauma victims for over 30 years, treating and training individuals, staff, and organizations that are confronted with people who have faced overwhelming experiences. Those who have benefited from ACAP's programs include: child advocacy and protection workers, child life specialists, New Jersey hostage negotiators, school district workers, domestic violence workers, caregivers of the elderly, mental health and medical professionals, family court workers, and the governor's task force for PTSD, among others.

In the past 24 months, ACAP has developed a full range of trauma and resilience programs, including two Level I (in alignment with national certification requirements) Trauma and Resilience Studies courses: *Evolution of Psychoanalytic, Trauma, and Resilience Concepts*, and *Trauma and the Resilient Mind: Contemporary Theories*. Needs assessment courses, surveys, and a conference were designed to evaluate the demand for this type of program. The response was immediate with individuals from an array of fields inquiring about and registering for the program. Our full diploma program, combined with one's graduate degree and clinical experience, will enable graduates to apply for Trauma Specialist Certification.

The ACAP Annual Summer Conference in July, "Trauma and Resilience, Healing the Inner Animal," launches an innovative series of programs devoted to this topic. It has been heartening to see the positive response from the community, and to find another route where modern psychoanalytic principles can be adapted and applied successfully inside and outside of the clinical setting.

Learn more at: [www.trauma-studies.com](http://www.trauma-studies.com) or [www.acapnj.org](http://www.acapnj.org)

## BGSP Gallery 1581 Exhibit: "Outside the Lines"



On Friday evening, June 8th at BGSP, a reception and open house was held to celebrate our current exhibit, *Outside the Lines: Three Women Explore the Landscape*.

The exhibit which ran through July 8th, showcased the work of three New England artists with distinctive interpretations of landscape: **Barbara Baker-Bury, Rachael Eastman, and Sandy Moore**. If you were unable to view these works at the gallery during the exhibit, they can be viewed on-line at your leisure at: <http://www.gallery1581.com/outside-the-lines.html>.



*"Coastal Cadence," 12 x 36 x 2", oil on canvas on box panel, Rachael Eastman*

*"The surface of a painting can be as complicated, subtle, or rich as the experience of memory. Cognition becomes interspersed with visceral emotion, and that mix is reflected in layers of choices, and through multiple passages of paint over time. In that sense, my paintings and drawings reflect an inner landscape."*

—Rachael Eastman.

## Focus on the NYGSP/CMPS Student Association

By Madeline Escobar

**THE NYGSP-CMPS STUDENT ASSOCIATION** was formally revived in February 2012 at the Center for Modern Psychoanalytic Studies. However, steps toward resurrection began over the two previous years. In June 2011 students Ana Bolaños and Madeline Escobar, with the enthusiastic support of Dr. Barbara D'Amato, CMPS Faculty and Student Association Liaison, organized a student field trip to the play, *Freud's Last Session*, followed by a workshop the next week at CMPS, hosted by Dr. D'Amato and the play's director. The Association offset the price of the tickets for students and we saw a large turnout. In October 2011, the Student Association also played a significant role in the huge success of CMPS's 40th Anniversary Gala, spearheaded by Dr. Theodore Laqueria, CMPS Special Projects Director. The Student Association offered a significant ticket discount to NYGSP/CMPS students. The student turnout and the event were fabulous!

**THE ASSOCIATION GAINED** further momentum this Spring. With a Council firmly on board, Lexa Roséan, President, (NYGSP), Jacqueline Ambrosini, President, (CMPS), Treasurer, (NYGSP) and Madeline Escobar, Secretary, (NYGSP), we hosted a presentation by Marcus Silverman, 2011 *Gradiva* award-winner, whose psychoanalytic exploration of René Magritte's works was fascinating and insightful. The question and answer portion of the program was intense and carried into the social event afterwards. Spring semester ended in May with a party at Vapiano's restaurant, NYC — a perfect way to unwind.

**WE INVITE THE NYGSP/CMPS** community to be on the lookout for future Student Association events, such as Jennifer Coonce's NYGSP student award-winning paper presentation this fall. In addition to our Student Paper Series, the Association is planning creative, artistic events such as a Salon Evening with readings, performances, and

discussion, and a tango night as well as other social events, including fundraising.

**COMMITTED TO STUDENT ENGAGEMENT**, the diversity of our student body is a powerful force. The more we tap into this rich student resource, the more engaged and inclusive the organization becomes. Our students bring their experience, innovative ideas and solutions, and fresh perspectives and enrich the life of our psychoanalytic community.

**PHOTO:**

*left to right*  
Elia Zedeño, Jacqueline Ambrosini, Lexa Roséan, and Madeline Escobar.



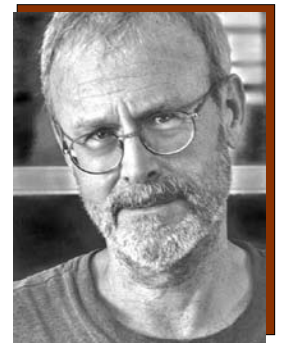
## CMPS Extension Division Presentations

by Tim Cahill

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HIS SPRING 2012, THE EXTENSION DIVISION presentations held in the Great Hall at The Center for Modern Psychoanalysis (CMPS) were filled with a mix of ideas that were both wide ranging and challenging in terms of theory and its place in modern psychoanalysis.

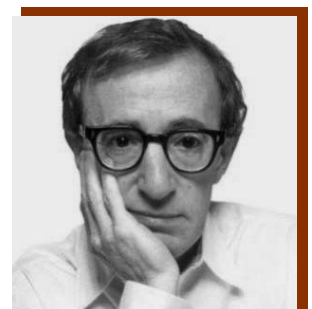
ON MARCH 8th, DR. DAN GILHOOLEY presented his lecture, **"Thought Transference and Emotional Induction in Narcissistic Transference: Their Role in Therapeutic Action."** Gilhooley (pictured at right) explained that telepathy has to do with thought transference from one individual to another and how, in modern psychoanalysis, the analyst finds himself thinking and acting in ways that conform to the unconscious fantasy of the patient. The contents of one person's mind are transferred to the mind of another. He asked how this could be used to elicit therapeutic gain. He used an example of two telepathic dreams as a frame for his theoretical and historical presentation, tracing the interest in thought transference from the prehistory of psychoanalysis in the 18th century, to the birth of the new science that Freud developed and solidified into what is now psychoanalysis. Gilhooley showed how Freud was intrigued by and hesitant to accept the existence of thought transference. Gilhooley elaborated a challenging view of what is really happening in the psychoanalytic situation and offered another view about what some of the theoretical concepts like projective identification and narcissistic transference really mean.



**"A Long History of Madness"**— a film by Mieke Bal and Michelle Williams Gamaker, based on the book "Mere Folle" by Françoise Davoine was shown on March 30th and introduced by Dr. William Hurst. The film presents the question: If a mentally ill patient of ours dies, are we to blame? The film takes us on a journey into this question through the person of Dr. Davoine who is both factual (she plays herself) and fictional (this is a fictional event) that weaves together documentary and fictional film making styles to bring the viewer into the minds of the "mad and those designated to cure them." What results is an intentional disruption of expectations for the viewer as the time and space of the film shifts from country to country and from one time period to another, via juxtaposing scenes. The viewer is left to decide

whether the location of the film's action is in the scene presented on the screen or if it is in the mind of Davoine as she navigates the thoughts aroused by her patient's death. One is brought into a state of unknowing that questions what is real and what is madness. As a supplement to a discussion of the film's impact, Hurst presented an overview of Davoine's work on trauma. For her, there is an experience of trauma, as an unspeakable atrocity, that the patient experiences directly or indirectly through the parents or grandparents in an intergenerational transmission that is unknown but felt by the individual. This trauma acts as a blind spot for the patient, reverberating as a gap in knowledge that, once it is uncovered, explains something about the individual that has not been known but to which he or she has been responding. Hurst also presented an overview of his soon to be published translation of "La Folie Wittgenstein". His talk explained Davoine's work and showed how her theory of madness is a fascinating complement to modern psychoanalytic theory.

ON SUNDAY AFTERNOON MAY 8TH, MR. RICHARD SACKS returned to present part two of his work on Hollywood and psychoanalysis with the film **"From Vienna to Hollywood: A Long Bumpy Ride."** In a humorous juxtaposition of scenes from Hollywood films, he illustrated that the depiction of psychoanalysis in film has shifted from an attitude of friendly acceptance to an illustration of buffoonery and sadism on the part of the analyst/patient relationship. Sacks pointed out that this reflection on psychoanalysis is contingent on the individual film writer's disillusionment with analysis and... *continued on page 8*



Woody Allen



# SMP Summer/Fall 2012 Calendar of Events



Institutes full name and address listed with first entry only. Please submit calendar dates to Charlotte Melnik: [Melnicks@hotmail.com](mailto:Melnicks@hotmail.com)

## Monday, July 23rd to Thursday July 26th

**BGSP's 28th Annual Cape Cod Summer Institute** "Pleasure in Everyday Life," is about living within (rather than beyond) the "Pleasure Principle." Our speakers are planning to offer experiences of pleasure as well as a discussion of the various ways we achieve and fail to achieve pleasure. Faculty-student lunches, swimming, parties, meetings, conversations and other enjoyable activities are planned. The official brochure is on the BGSP website. For information: [www.bgsp.edu](http://www.bgsp.edu), 617-277-3915 or [bgsp@bgsp.edu](mailto:bgsp@bgsp.edu).

## Sunday, July 29th through Tuesday, July 31st

The Academy of Clinical and Applied Psychoanalysis (ACAP) **Annual Summer Conference: "Trauma and Resilience, Healing the Inner Animal."** Join us for this event launching an innovative series of programs and courses for mental health professionals, educators, medical and nursing professionals, law enforcement and first responders, clergy, and anyone working with our community's vulnerable or disaster challenged victims. Held at Caldwell College in NJ, 14 miles west of NYC. Co-hosted by the National Association for the Advancement of Psychoanalysis (NAAP.) Information at: [www.acapnj.org](http://www.acapnj.org) or call 973-251-9312.

## Tuesday, September 18th at 5:30PM Open House at CMPS and NYGSP

JOIN US for an informational session, led by a faculty member and a student, about the programs of study offered at the Center for Modern Psychoanalytic Studies (CMPS) and the New York Graduate School of Psychoanalysis (NYGSP.) Information: 212-260-7050 or [www.cmps.edu](http://www.cmps.edu). CMPS/NYGSP, 16 West 10th Street, New York, NY 11001.

## Sunday, September 30th, 2:15PM-4:15PM

The Hyman Spotnitz Study Group will offer a panel discussion, "Wisdom of the Ages Through Greek Mythology: Wisdom or Folly?" Participants offer pro and con positions regarding the usefulness of considering mythological archetypes in clinical cases. Stanley Hayden discusses Daedalus and Icarus, Dwight D. Panozzo presents the House of Atreus, Sarah Perkins is discussant, and Gerald Fishbein moderates. Fair Lawn Library, Fair Lawn, NJ. For information contact Mrs. Perkins at [sperkinslcs@gmail.com](mailto:sperkinslcs@gmail.com) or 201-906-8649.

## Thursday Oct 4th, 18th and Nov 8th, 7:30 PM Mini Course at CMPS— An Introduction to the Brain for the Psychoanalytically-Minded

This course is open to clinical practitioners and psychoanalytic candidates, curious about the brain and how knowledge of its workings relates to psychoanalytic theory and practice. Fee: \$135 for psychoanalytic practitioners, \$65 students.

Maggie Zellner, PhD, licensed psychoanalyst and Executive Director of the Neuropsychoanalysis Foundation will teach the course. For information contact the CMPS office: CMPS: 212.260.7050.

## ACAP Open House: Wednesday, October 24th 7-8pm

Come and learn more about our diverse programs, courses, mental health services, continuing education resources, and community involvement. Join us from 7-8PM at the Academy of Clinical and Applied Psychoanalysis, (ACAP,) 310 South Livingston Ave., Livingston, NJ 07039. For more information: 973-251-9312 or visit: [www.acapnj.org](http://www.acapnj.org).

## Tuesday, October 16th, 1:30 PM

**CMPS & NYGSP Open House:** Join us for an informational session, led by a faculty member and student, about the programs of study offered at the Center for Modern Psychoanalytic Studies and the New York Graduate School of Psychoanalysis. For more information contact CMPS at: 212-260-7050 or [www.cmps.edu](http://www.cmps.edu)

## Tuesday, November 13th, 5:30PM

### CMPS & NYGSP Open House:

Join us for an informational session, led by a faculty member and student, about the programs of study offered at the Center for Modern Psychoanalytic Studies and the New York Graduate School of Psychoanalysis. For information contact CMPS: 212-260-7050; [cmps@cmps.edu](mailto:cmps@cmps.edu); [www.cmps.edu](http://www.cmps.edu).

## ACAP Open House: Wednesday, November 21, 7-8pm

Come to ACAP and learn more about our diverse programs, courses, mental health services, continuing education resources, and community involvement. Join us from 7-8pm. Information: [www.acapnj.org](http://www.acapnj.org) , 973-251-9312. ACAP

## Saturday, December 1st - 9:00 AM-5:00 PM

### CMPS Annual Fall Conference

CMPS' Annual Fall Conference will this year again be held at NYU's Eisner & Lubin Auditorium, Washington Square, NYC. The conference features Dr. Nancy Chodorow speaking in the morning from the perspective of her latest book, "Individualizing Gender and Sexuality: Theory and Practice." Attendees are being asked to read the book before the conference and formulate their questions for dialogue after Chodorow's talk. After lunch there will be clinical presentations by CMPS faculty and students, and the day concludes with workshops followed by a social gathering. Information contact CMPS: 212-260-7050. Look for your Conference brochure in October. Also at < <http://www.cmps.edu>>

## Tuesday, December 18th at 1:30 PM CMPS and NYGSP Open House

JOIN US for an informational session, led by a faculty member and student, about the programs of study offered at the Center for Modern Psychoanalytic Studies and the New York Graduate School of Psychoanalysis. If you'd like more information or to make a reservation contact: CMPS at 212-260-7050 • [cmps@cmps.edu](mailto:cmps@cmps.edu) • [www.cmps.edu](http://www.cmps.edu).

CMPS Extension Division Presentations ...continued from page 7.

a wish to seek a sort of revenge for the failure that analysis represented in their lives. In his film Sacks highlighted the work of Woody Allen as an example of psychoanalysis and its complications being featured in films.

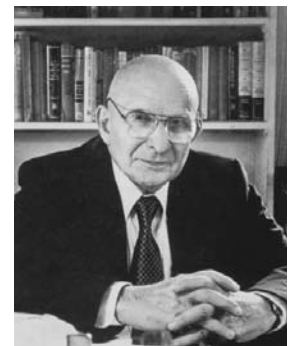
“ Sheftel linked what was originally conceived as a specific operational instrument for treating schizophrenic and borderline personalities, to showing how the contact function is a significant feature of modern clinical activity, not limited to any specific diagnosis. ”



THE LAST LECTURE IN THIS SPRING SERIES was a talk given by Dr. Sara Sheftel entitled “Revisiting the Contact Function”. In contrast to other lectures in the series, Sheftel presented her talk on Dr. Hyman Spotnitz (below right) and the contact function in a seminar fashion, arranging the seating for the event in the way that classes are conducted as CMPS.

The contact function is one of the foundations of modern psychoanalytic theory of technique and Sara Sheftel (at left) led the group through its development by Spotnitz over the course of his life and in his work. She explained that Spotnitz was able to expand Freud’s theory in order to treat severely regressed patients, becoming in essence the American scientist who could lead the movement forward, combining the physical science of the brain with the therapeutic techniques of the talking cure.

Sheftel linked what was originally conceived as a specific operational instrument for treating schizophrenic and borderline personalities, to showing how the contact function is a significant feature of modern clinical activity, not limited to any specific diagnosis.



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